In the assignment 0 instructions, it says "Old submissions are stored and can be used for backup." at the end of the age. I am just curious how exactly we access those old submissions? I'm wanting them so that I can see the difference between my submissions, so it is not that crucial if they are not available.

You have to ask me to mail them to you. For a non-critical request, wait until there's no grading going on (tests, first submissions, etc.).

You could create a private Bitbucket repo, and push every time you submit. That way you could